

Student Leadership Academy Level 1 Day 1 Notes

(02/16/2021)

1. Here are a few things you will want to make sure to bring at 3 pm:

- Something to write with/on
- Your excitement
- Be ready to get to know the others
- Make sure you're ready to participate

Notes:

❖ Organizers and Intros

- Kendra Wright - Student Organizations and Leadership Education

❖ Expectations

- Take notes - written or typed
 - Think critically about how these concepts can help you in your current leadership role and make notes and reminders for yourself
- Participation!
 - Share out
 - Use reactions and participation tab buttons
 - Being active in the chat
 - Video is preferred
- Attend all four scheduled sessions
- Participate throughout each session in an engaging manner, asking and answering questions, speaking in breakout groups, having a camera on

- Complete all three assignments outlined in the syllabus

❖ Icebreaker

- Five fingers

- Thumb - What are you good at?
 - Great at playing volleyball, if I was 6'0 I would've gone pro
- Index - What direction are you headed? (i.e. goal)
 - Finishing school, still have one-two more year to complete
- Middle - What gets on your nerves?
 - People talking while someone else is talking or instructions
- Ring - What are you committed to?
 - Improving, whether it is small or big, just continuously improving
- Pinkie - A little known fact about you
 - Born in Concord, North Carolina but raised in Chico, CA

❖ Overview of the SLA

- Previously called the Wildcat Leadership Institute
- Recently moved from being overseen by Associated Students to being overseen

❖ Certificate of Leadership Identity

- What will you learn?
 - Transferable skills
 - Opportunities to network
 - Articulate skills and values as a leader

❖ Schedule

- Week 1: Introduction
- Week 2:
- Week 3:
- Week 4:

❖ Learning objectives for today

- Understanding fundamentals of leadership identify the difference between concrete leadership and

❖ Group discussion:

- What does it mean to be a leader?
 - Making the hard decisions
 - Listening to everyone
 - Sacrifice
- What qualities do effective leaders have?
 - Being empathic
 - Be decisive
- What qualities can hinder effective leaders?
 - Being too kind
 - Being too selfish
 - Lacking vision or motivation

❖ Dancing leadership video

❖ Concrete leadership and abstract leadership

- Concrete
 - Having a defined leadership role/title
 - Responsible for certain tasks being completed
 - Represents a specific organization or group of people
- Abstract
 - Instead of titles, some leaders use social skills, earned respect, and positive influence to lead
 - Guides team members to find solutions
 - Helps support and oversee the completion of tasks

❖ Emotionally Intelligent Leadership

➤ Focus on 3 facts

■ Consciousness of self

- Awareness of your abilities, emotions, and perceptions
- Being trustworthy, flexible, and positive
- **Taking initiative**, striving for excellence, and being balanced

■ Consciousness of others

- Awareness of others' abilities, emotions, and perceptions
- Empathy, inspiring others, coaching others, and developing relationships
- Building teams, **follow-through** of responsibilities, managing conflict, and gathering others' perspectives

■ Consciousness of Context

- Awareness of the setting and situation
- Interpreting group dynamics
- Interpreting external forces and trends

❖ Lollipop moments video/Everyday leadership

❖ Break out session - 10 minutes

- Have you had a lollipop moment?
- Share roles each person had
- Long term impact

❖ Takeaways

- A piece of information or concept that resonated with you the most
- Something you've learned
- **Biggest Takeaway:**

- Emotionally Intelligent Leadership and the three components; consciousness of self/others/context

❖ Assignment due

- Strengthsfinder survey